

# 10 Signs Your Loved One May Benefit from Assisted Living

## 1. Decreased attention to personal care

- Un-brushed hair, dirty clothes/same clothes, body odor

## 2. Less care in housekeeping and yard work

- Little interest in/spending less time keeping house and yard as well maintained as previously

## 3. Lack of concern about what used to be important

- Lack of concern for something they valued and enjoyed - hobbies, grandchildren, church activities

## 4. Reduced mobility

- Not moving around house, always in one chair; sleeping on chair or couch because it's too difficult to go to bedroom; doesn't go out because walking is difficult/painful

## 5. Falling

- Moves from furniture to furniture to maintain balance; hides bruises/makes excuses for them

## 6. Decreased appetite or interest in food and cooking

- Losing weight; Complains it takes too much effort to cook and says food doesn't taste good

## 7. Lack of care or mistakes in medication or money management

- Takes too many, too few, or forgets to take medication; pills found on floor
- Reduced attention to finances; forgetting to or not wanting to spend time paying bills and keeping checking account up-to-date; buys things they don't need or already have

## 8. Memory loss

- Difference between forgetting where you left keys and finding them in five minutes compared to forgetting their address or who a grandchild is

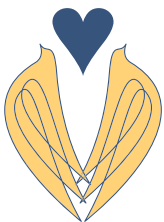
## 9. Diminished communication skills

- More than forgetting a word; difficulty communicating thoughts or wording questions correctly

## 10. Isolation

- No longer visits family and friends; not calling people like they used to or returning messages
- No desire/physically unable to leave the house

**Please note:** One or even several of these signs does not mean the person needs assisted living. Some changes in ability occur just because of age - including physical differences and changing interests. It depends on the impact of the change on the person's life. If health or safety are affected, assisted living may be of benefit. If you have concerns about your loved one, contact us to schedule a tour and possible assessment. There is no charge or obligation to Felician Village and a physician referral is not needed.



Felician Village

**Call today for a tour!**

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