

Create Connections
Learn Together

Share Conversation
Offer Care and Support



MUG CLUB

FOR CAREGIVERS

You can't pour from an empty cup. Take care of yourself.

The Mug Club is a monthly gathering for families, friends, partners & other informal caregivers to exchange ideas and feelings about their journey through caregiving for someone with dementia.

The Club will be led by Connie Thimmig, Director of Enrichment Services at Felician Village. Thimmig has over 25 years of health care experience, working primarily with seniors, especially those affected by Alzheimer's disease.

**Third Tuesday
of each month**

10 a.m. - 11 a.m.

**The Villa -Community Room
1600 S. 18th Street, Manitowoc**

Beverages will be provided.

*RSVP appreciated but not required by
calling (920) 684-7171, ext. 329 or email,
fvmarketing@felicianvillage.org.*



**Dementia Center
of Excellence**

felicianvillage.org

alzheimer's  association®